NAMASKAR JOURNEYS

Le Spa Namaskar invites you to a sensory and spiritual experience. Leave behind the temporal world, let yourself be carried away by our treatments and rituals that are created with an in-depth knowledge of beauty and wellbeing.

To enjoy a Namaskar Journey as a couple please contact the spa reception 24 hours in advance.

Namaskar Initiatory Journey

Royal Hammam
Kundalini
Ultimate Aromatherapy Associates Facial [AA]

4 hours — MAD 3800

Absolute Beauty Journey

Body Renewal "Bliss"
Essential Rose Facial [AA]
Manicure
Pedicure

4 hours 30 minutes — MAD 3700

Men's Journey

The Refinery Essential Facial [AA]
Clear Your Mind [AA]
Feet Beauty

4 hours — MAD 3400

Wellbeing Fitness Journey

Private Coaching Lesson
Royal Hammam
Deep Tissue Massage

3 hours 30 minutes — MAD 3400

MANAGEMENT RESERVES THE RIGHT TO MODIFY ANY SERVICE WITHOUT PRIOR NOTICE.
ALL PRICES ARE INCLUSIVE OF 10% TAX.

SIGNATURE JOURNEYS BY AA

Stress Management [AA]

The perfect ritual for those feeling the ill-effects of stress and hectic lifestyle. We hope to alleviate your stresses and pressures and get you back on track in no time.

Clear Your Mind
Ultimate Aromatherapy Associates Facial
Breathing Techniques
Lifestyle & Retail

5 hours — MAD 3600

Twilight [AA]

This head-to-toe treatment uses carefully applied pressures to induce a serious state of relaxation, leaving you prepared for a sound night's sleep.

Sleep Deeply
Meditation Class & Breathing Technique
Lifestyle & Retail

4 hours — MAD 3000

Detox [AA]

Perfect for times of over-indulgence or when you're just feeling a little sluggish, this treatment combines zesty citrus oils to leave you feeling invigorated and full of energy.

Detox & Revive
The Ultimate Aromatherapy Experience
Exercise to Promote Energy Levels

3 hours 30 minutes — MAD 2500

Depression and Mood Enhancers [AA]

For times when you need a little emotional pampering, this indulgent treatment helps to harmonise and rejuvenate the spirits.

Uplift Your Mood
Age Repair Facial
Lifestyle & Retail

4 hours — MAD 3200

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Age Prevention AA

The ultimate results driven face and body care programme.

Rose Infinity Bespoke Massage Facial
Body Refiner
Lifestyle & Retail

3 hours	MAD 2450

Mens Refinery Retreat AA

Achieve a heightened state of relaxation and well being for the whole body.

The Ultimate Aromatherapy Experience
The Refinery Essential Facial
Lifestyle & Retail

3 hours	MAD 2450

Weight Loss AA

A toning and slimming treatment to refine the body contours and eliminate excess fluids, leaving a slimmer silhouette and smoother skin.

Body Refiner
The Ultimate Aromatherapy Experience
Lifestyle & Retail

3 hours 30 minutes	MAD 3000

Rose Pregnancy Retreat AA

Relieve stresses and strains, heavy legs and an aching back with this all over body treatment. Includes relaxing and rejuvenating full scalp and facial massage.

Ultimate Rose Pregnancy Massage
Ultimate Rose Pregnancy Skin Nourisher
Essential Rose Facial

4 hours	MAD 2600

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BEAUTY SERVICES

Classic Manicure & Pedicure

Cleansing, filing and massage. Nail polish included.

1 hour	MAD 600

Hands & Feet Beauty

Intensive, complete care with gentle exfoliation, mask and specific massage.
Nail polish is included.

1 hour 15 minutes	MAD 900

Nail Polish

Application of base coat, colour and top coat.

20 minutes	MAD 150

French Polish

Application of base coat, French polish and top coat.

30 minutes	MAD 200

Hair Removal

Eyebrow, upper lip or chin	MAD 150
Underarms	MAD 200
Half arm	MAD 200
Arms	MAD 300
Bikini	MAD 300
Brazilian Bikini	MAD 450
Full Bikini	MAD 600
Half legs	MAD 300
Full legs	MAD 450
Back or chest	MAD 400
Full body waxing	MAD 1300

Hairdressing Salon

Shampoo, blow dry, cut and other services are available with professional styling consultants.

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